

ABOUT UNIVERSITY OF THE UNIVERSE

Andrée Morgana Interview By Therese Swenson, Producer of About Town

Therese:

Tell people a little bit about this University of the Universe

Andrée:

I have been researching for the last 50 years the various different ancient world traditions that have to do with the age old questions of who are we, where did we come from and where we're going.

And for 20 years I participated as a teacher of the Transcendental Meditation program, which has its roots deeply in the Vedic tradition. And in the Vedic tradition they teach about what is called Consciousness, and about Meditation and about the phenomena of Enlightenment. So I immersed myself in that culture.

And as a T.M. teacher I had the good fortune to instruct thousands of people in meditation. So I became versed at how to show people how to experience consciousness, and how to help them understand intellectually what that experience was. And then in addition to that, I was able to myself meditate for longer periods of time during that time, one time, for two years, 8 to 10 hours a day. So I came again to understand that phenomena.

Then I spent another 20 years researching another world tradition that originates out of Africa, and I found it in Brazil, where they teach people how to be a Medium; how to see into the spiritual realms, how to understand and know different spiritual levels that are contained there and the different spiritual beings that exist within those spirit realms.

And also in that tradition, they had Seers a long time ago who could look out into the universe, and they could see that the very fundamental forces of the universe were alive and had self-awareness, had intelligence and personality, and they called those the Orixás.

So it was another way in which to understand the concept of the world out there in the universe.

Then when I moved up here to mount Shasta, I took that knowledge and integrated it and formulated a nonprofit educational organization called the University of the Universe.

And I now have programs that show people how to expand their awareness beyond the earth, beyond the galaxy and beyond the universe. And, how to come back to that original source, that in the Vedas they called it the Absolute, the Unmanifest, Consciousness, the Self. Other traditions they call it the Creator; they call it God.

So I show people how to have that experience from out there at that level of perception. And then show people how to remember, because we have all been around for eternity, so what's been happening during that time? How is it we first came into our universe, how is it we first came to our galaxy, what was it like when we first came to the earth? So those are the programs that I offer right now.

Therese:

And so at your event ([The Best of Mt Shasta Conference & Festival](#)) you're going to be talking about this?

Andrée:

Yes

Therese:

OK. You've been a spiritual teacher for 50 years, but why did you move to Mount Shasta?

Andrée:

Mount Shasta is known worldwide as a destination for spirituality. It draws people from all over the world who have heard there is something special about this location, something special about this mountain. And it's true, when you go up to the mountain and you just stand there, the silence is so deafening, it's so profound, everybody feels it, no matter what their point of reference is, and I came up here for that experience.

And then I found that this unfoldment of new knowledge came about just by being in this location.

So this whole knowledge about how to expand our awareness beyond the size of our universe, how to see the eternity of our lives that we have all been living, came by virtue of living in this area.

Therese:

And I guess we all have a part and parcel in all of that. But it's not only the sound, but being there, it's the scent, and of course, certain places you walk on the mountain you can see forever. And there is so much about Mount Shasta that does call people home, so I understand how you came here and went, "I'm here!"

Further Information:

Custom Workshops and Retreats are available in Mount Shasta, California

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